

# swleoc newsletter



## Welcome to the South West London Elective Orthopaedic Centre (SWLEOC) Quarterly Newsletter

Welcome to the eighth edition of SWLEOC's quarterly newsletter, designed to keep our primary care partners and CCGs' informed on what is happening within the centre.

### Issue 9 July 2017

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**ALL GP's, physios and nurse practitioners. Register today!**

**The SWLEOC MSK network meeting: Radiology – optimising use within primary care**

*Certificate for attendance will be issued for CPD points*

The purpose of these meetings is to agree on principles of management of

musculoskeletal conditions in order to draw up effective guidelines for our most prevalent conditions. There is to be a series of network type meetings after which we can all implement evidence based management, reduce variation and eliminate/modify the prior approval process (POLCE/LOPRAT). This will be good for all of us, but mainly the benefits will be for our patients. We will be starting to define how elective Orthopaedic care is delivered in our network/partnership.

Date: **Wednesday 13<sup>th</sup> September 2017**

Time: 6.30-9pm

Location: Lecture Theatre, PGMC, 2<sup>nd</sup> Floor Wells wing, Epsom General Hospital, Dorking Road, Epsom KT18 7EG. **Free Parking available on request**

### **Hot Buffet and registration**

**Introduction** – Mr Philip Mitchell - **Consultant Orthopaedic Surgeon** SGUH & SWLEOC & Medical Director of SWLEOC

**What is the role of radiology in primary care?** Dr Naz Jivani, Kingston GP

**Making the report relevant for primary care-** Dr Tony Newman-Sanders, Consultant radiologist & Clinical Director for imaging, SASH

**Shoulder pain and imaging** - Dr Derek Svasti-Salee, Consultant radiologist KHFT

**Spinal imaging - maximising value for money** – Dr Maaz Ali Abbasi, Consultant radiologist, ESTH

**Hip and knee radiology - maximising value for money** - Dr Nikalaous Papadokus Consultant radiologist SGUH

**Discussion & Summing up** - Dr Mike Lane, Wandsworth GP & CCG

### **Academic orthopaedic team**

Professor Richard Field

Professor Deary Kader  
Miss Catherine Kellett  
Mr Charles Riviere

SWLEOC's Academic Orthopaedic Surgeons are nationally and internationally recognised leaders in the field of Orthopaedic surgery and education. The Academic Surgeons are supported by a multidisciplinary team of surgical fellows, research nurses, physiotherapists and administrative staff to enhance SWLEOC's reputation for outstanding clinical care. The team combine their expertise through diagnosis, surgical planning and surgery to ensure that patients are seen by experienced staff with the skills required to manage both straightforward and more complex clinical problems. If you would like to refer your patient or be treated by the Academic Surgical team, please refer to the Academic Surgical Team, Woodcote Wing, South West London Elective Orthopaedic Centre, Dorking Rd, Epsom, KT18 7EG. Email [esth.eocresearch@nhs.net](mailto:esth.eocresearch@nhs.net)

#### **SWLEOC features on Channel 4's 'Food Unwrapped'**

The South West London Elective Orthopaedic Centre and consultant surgeon Mr Duncan Tennent recently featured in Channel 4's highly successful "food unwrapped" programme. The feature was on a new technique for the reconstruction of previously irreparable rotator cuff tears - Superior Capsule Reconstruction. Rotator cuff tears are very common and are an increasing problem in a younger and more physical population. Most can be repaired using conventional take techniques but occasionally they are too large for this and prior to the introduction of this new operation there was nothing that could be offered.

Mr Tennent is one of the U.K.'s pioneers of this new technique. He has presented surgical demonstrations at a number of international conferences and also recently featured in the Daily Mail. Although the technique is relatively new it is supported by good science and has very good published results. The facilities and surgical teams at the SWLEOC have meant that it has been possible to offer this revolutionary procedure to NHS patients very efficiently."



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### SWLEOC hip and knee clinics – how to refer

All referrals to SWLEOC for outpatient consultations should be made electronically. This method is quicker and more secure, and ensures we receive your request. It also allows us to process your referrals more efficiently.

You can refer:

- Via e-referral system (formally known as Choose and Book)<https://nww.ebs.ncrs.nhs.uk>
- By email to [est-tr.SWLEOCREFS@nhs.net](mailto:est-tr.SWLEOCREFS@nhs.net).

[Referral Form](#)

### New GP Liaison Email address

Please be aware that our email address has changed to [esth.gpliaison@nhs.net](mailto:esth.gpliaison@nhs.net)

### Feedback

Our GP liaison managers are available to assist you with any enquiry that you may have about our services and provide you with information on a wide range of issues, including how to refer your patients to the Centre.

Our rapid response hotline will ensure any query is dealt with in a timely manner and an agreed turnaround time will be arranged with you.



### Friends and Family Test – our results so far this year (2017)

#### % of patients likely to recommend SWLEOC

January- 96%

February- 95%

March- 99%

Our liaison services include:

- SWLEOC service queries
- Information on latest surgical and technological advancements
- Keeping you up to date with clinic changes and service developments
- Arranging GP/ Consultant engagement forums and education programmes.

In addition to the GP Hotline we are available to visit you for a one to one meeting where any questions or queries can be answered.

Feedback from General Practices to our GP liaison service is both welcomed and encouraged, if you would like further information on any of our services please feel free to contact our dedicated GP Liaison Manager for advice and support.

Telephone: 01372 735448 / 07975232404 alternatively drop us an email:  
esth.gpliaison@nhs.net

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**PRINT AND KEEP FOR YOUR CLINIC ROOMS**

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**The SWLEOC Discharge Advice Line  
07975 232519**

The Discharge Advice Line is manned by a dedicated nurse, Monday – Friday, 8am – 4pm. Outside of those hours there is a facility to leave a message and we will endeavour to call you/or the patient, as soon as possible. The Discharge Advice Line is for queries and advice relating to surgery and recovery, especially pain and wound issues. We suggest that a degree of pain, heat and swelling is perfectly normal after orthopaedic surgery, however the following could be of concern and we ask you to call the line if your patient presents with :

- Increased/constant heat in the operated limb.

- Increased /constant redness.
- Tenderness in the calf/ pain when walking in the calf.
- Excessive swelling around the wound or whole limb, which is not improving.
  - New oozing from the wound.
  - Increased pain.

We can arrange, if necessary, to see the patient in our wound clinic and liaise with the patients Consultant.